

<b>Gold Damen</b>	<b>Name</b>	<b>Vorname</b>	<b>BSG</b>	<b>JG</b>	<b>Strecke</b>	<b>Zeit</b>	<b>Schnitt</b>	<b>Starts</b>	<b>1949 und älter</b>
1	Müller,	Ursel	PHILIPS	1947	82000	08:46:14	00:06:25	11	
2	Hagemann,	Anna	Rot-Gelb	1947	67600	06:18:55	00:05:36	7	
3	Damm,	Ursel	Siemens	1946	57280	05:55:18	00:06:12	6	
4	Körber,	Greta	Haspa	1936	49220	05:07:34	00:06:15	5	
5	Clausen,	Sylvia	ERGOsports	1940	36730	03:45:10	00:06:08	6	
6	Waller,	Renate	Airbus	1942	33430	03:54:07	00:07:00	5	
7	Neumann,	Linda	Rapid	1947	32920	03:14:58	00:05:55	5	
8	Grunsdorf,	Christel	TÜV-Nord	1949	28160	03:02:57	00:06:30	3	
9	Jaekel,	Hannelore	DESY	1948	24580	02:37:54	00:06:25	7	
10	Stiller,	Christel	Tchibo	1944	21100	02:07:53	00:06:04	4	

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1	Behrends,	Helene	Lufthansa	1954	159830	15:52:00	00:05:57	24	
2	Sievers,	Susanne	ERGOsports	1967	159830	16:34:14	00:06:13	24	
3	Hübert,	Susann	TK	1966	142230	13:49:42	00:05:50	21	
4	Kamlage,	Frauke	Sig. Iduna	1956	103350	10:24:07	00:06:02	15	
5	Leifels,	Gabi	Siemens	1966	101310	08:38:20	00:05:07	15	
6	Heinsohn,	Christin	Berenberg	1968	99030	08:25:50	00:05:06	15	
7	Suckstorff,	Anja	ERGOsports	1969	97250	07:59:22	00:04:56	15	
8	Engelbrecht,	Martina	HSH-NORDB.	1964	91450	07:17:19	00:04:47	12	
9	Schiemann,	Sabine	Zoll	1952	83880	08:34:48	00:06:08	13	
10	König,	Monika	Haspa	1958	79500	07:32:40	00:05:42	8	

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1	Recht,	Janette	HSH-NORDB.	1981	159830	13:13:18	00:04:58	24	
2	Schulz,	Nina	Lufthansa	1973	159830	14:15:24	00:05:21	24	
3	Neitzel,	Tanja	ERGOsports	1978	142700	13:18:37	00:05:36	21	
4	Oestreich,	Daniela	Rot-Gelb	1976	138230	12:57:36	00:05:38	21	
5	Krumbholz,	Gertje	Laufladen	1980	72920	05:06:07	00:04:12	8	
6	Fischwasser,	Anke	Lufthansa	1979	70200	06:42:40	00:05:44	7	
7	Randjbarzadeh,	Daniela	Tchibo	1973	64120	06:00:05	00:05:37	12	
8	Hanke,	Sabrina	Sig. Iduna	1985	61240	05:53:12	00:05:46	6	
9	Krispin,	Marion	Laufwerk	1973	61120	05:04:52	00:04:59	6	
10	Müller,	Ilona	ERGOsports	1976	60710	06:32:56	00:06:28	11	

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1	Schwenck,	Jörn	HSH-NORDB.	1944	159830	15:54:39	00:05:58	24	
2	Leichtweiß,	Heino	TK	1944	146630	14:15:41	00:05:50	22	
3	Unterspann,	Klaus	HSH-NORDB.	1941	127800	10:35:06	00:04:58	19	
4	Eybächer,	Michael	ELBE-Sport	1943	99330	09:39:45	00:05:50	13	
5	Kamlage,	Jens	Sig. Iduna	1943	91450	09:49:46	00:06:27	14	
6	Gläser,	Heinz	ELBE-Sport	1945	91140	08:43:07	00:05:44	14	
7	Adolf,	Hans-Willy	PHILIPS	1936	82860	08:16:03	00:05:59	9	
8	Damm,	Wolfgang	Siemens	1946	79500	06:11:55	00:04:41	8	
9	Glienke,	Hartmut	ELBE-Sport	1948	79500	08:29:43	00:06:25	8	
10	Wichers,	Klaus	Airbus	1946	76550	07:45:53	00:06:05	9	

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1	Weinrich,	Konrad	PHILIPS	1959	159830	11:49:31	00:04:26	24	
2	Spijker,	Rüdiger	ERGOsports	1960	159830	12:20:36	00:04:38	24	
3	Lambracht,	Gerald	Stern	1970	159830	12:22:45	00:04:39	24	
4	Tilch,	Peter	HPA	1955	159830	12:49:53	00:04:49	24	
5	Haberkost,	Jens	HSH-NORDB.	1964	159830	13:06:22	00:04:55	24	
6	Manthei,	Jan	Sig. Iduna	1967	159830	13:51:51	00:05:12	24	
7	Diezel,	Günter	HSH-NORDB.	1954	159830	14:09:06	00:05:19	24	
8	Burkhardt,	Torsten	HSH-NORDB.	1956	159830	14:13:07	00:05:20	24	
9	Pepperrell,	Stephen	BACARDI	1958	159830	15:59:58	00:06:00	24	
10	Schindler,	Matthias	BVI	1952	159830	17:29:30	00:06:34	24	

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1	Heemcke,	Alexander	Feuerwehr	1976	159830	10:07:35	00:03:48	24	
2	Meinke,	Frank	PHILIPS	1978	159830	15:17:38	00:05:44	24	
3	Knaack,	Tobias	HH-Hochsch	1975	140660	12:08:15	00:05:11	21	
4	Duden,	Olaf	Stern	1977	135200	10:37:55	00:04:43	19	
5	Dörheit,	Christian	HPA	1979	94660	06:05:48	00:03:52	14	
6	Neumann,	Uwe	D. Telekom	1973	85070	06:14:02	00:04:24	13	
7	Hoffmeister,	Marc	Airbus	1972	82410	05:39:58	00:04:08	10	
8	Scholz,	Christian	Haspa	1982	79500	06:11:42	00:04:41	8	
9	Plümer,	Ralf	HEK	1971	79500	06:17:34	00:04:45	8	
10	Hausmann,	Malte	Knossos.de	1984	79500	06:34:33	00:04:58	8	