

## 6. Hammer Park Lauf

Philips Leichtathletik Gemeinschaft

Mittwoch 28. Juli 2010

### 3,1 km Damen

| <i>Platz</i> | <i>StNr</i> | <i>Name</i>            | <i>BSG</i>     | <i>Jg</i> | <i>AK-Platz</i> | <i>Zeit</i> |
|--------------|-------------|------------------------|----------------|-----------|-----------------|-------------|
| 1            | 323         | Becker, Barbara        | Rot-Gelb Shell | 1971      | 1.W35           | 12:54:00    |
| 2            | 245         | Dittmer, Corinna       | FA Blankenese  | 1968      | 1.W40           | 14:36:00    |
| 3            | 241         | Stahlbock, Astrid      | ERGOsports     | 1959      | 1.W50           | 15:39:00    |
| 4            | 310         | Lovon, Katia           | Philips LG     | 1964      | 1.W45           | 15:44:00    |
| 5            | 46          | Priebe, Mareike        | Polizei HH     | 1996      | 1.wJ            | 15:52:00    |
| 6            | 561         | Kersten, Ines          | NDR            | 1962      | 2.W45           | 16:09:00    |
| 7            | 163         | Krause, Svenja         | Philips LG     | 1978      | 1.W30           | 16:27:00    |
| 8            | 335         | Zadra, Marita          | Siemens        | 1956      | 2.W50           | 16:37:00    |
| 9            | 456         | Schenk, Jasmin         | Polizei HH     | 1982      | 1.F             | 16:44:00    |
| 10           | 256         | Tilch, Hanna           | HPA            | 1999      | 2.wJ            | 16:55:00    |
| 11           | 419         | Messow, Katrin         | ERGOsports     | 1978      | 2.W30           | 18:22:00    |
| 12           | 424         | Lohstroh, Ellen        | HPA            | 1957      | 3.W50           | 18:46:00    |
| 13           | 637         | Kirchner, Viviane      | Signal Iduna   | 1964      | 3.W45           | 20:12:00    |
| 14           | 426         | Tilch, Nora            | HPA            | 1997      | 3.wJ            | 21:37:00    |
| 15           | 239         | Müller, Ilona          | ERGOsports     | 1976      | 3.W30           | 21:38:00    |
| 16           | 231         | Berthold, Anne-Kathrin | ERGO Sports    | 1967      | 2.W40           | 25:04:00    |
| 17           | 234         | Hinckeldeyn, Sabine    | ERGOsports     | 1960      | 4.W50           | 25:06:00    |

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|--------------|-------------|-------------------|---------------|-----------|-----------------|-------------|
| 1            | 370         | Neumann, Uwe      | Dt.Telekom    | 1973      | 1.M35           | 11:09:00    |
| 2            | 47          | Priebe, Markus    | Polizei HH    | 1965      | 1.M45           | 12:12:00    |
| 3            | 181         | Glüse, Kai        | Philips LG    | 1978      | 1.M30           | 13:13:00    |
| 4            | 332         | Süllwold, Josef   | SG Zoll       | 1947      | 1.M60           | 13:14:00    |
| 5            | 12          | Kühl, Bernd       | ELBE-Sport    | 1946      | 2.M60           | 14:05:00    |
| 6            | 121         | Meier, Manfred    | Philips LG    | 1940      | 1.M70           | 14:11:00    |
| 7            | 616         | Winter, Rainer    | ERGOsports    | 1949      | 3.M60           | 15:12:00    |
| 8            | 679         | Plötz, Jürgen     | ERGOsports    | 1966      | 1.M40           | 15:40:00    |
| 9            | 255         | Schitnik, Luca    | HPA           | 1999      | 1.mJ            | 16:01:00    |
| 10           | 186         | Peters, Günther   | Airbus SG     | 1949      | 4.M60           | 16:16:00    |
| 11           | 366         | Wolter, Friedrich | ERGOsports    | 1952      | 1.M55           | 16:24:00    |
| 12           | 178         | Glüse, Ulf        | Philips LG    | 1984      | 1.M             | 16:34:00    |
| 13           | 215         | Jaekel, Claus     | Desy          | 1945      | 1.M65           | 17:29:00    |
| 14           | 17          | Matthiessen, Uwe  | FA Blankenese | 1949      | 5.M60           | 19:36:00    |
| 15           | 71          | Dally, Peter      | Signal Iduna  | 1935      | 1.M75           | 19:37:00    |
| 16           | 43          | Horlamus, Klaus   | Polizei HH    | 1947      | 6.M60           | 19:41:00    |
| 17           | 243         | Bartels,Fritz     | FA Blankenese | 1938      | 2.M70           | 19:48:00    |
| 18           | 254         | Schitnik, Fin     | HPA           | 2001      | 2.mJ            | 20:05:00    |
| 19           | 213         | Fuchs, Christian  | DESY          | 1969      | 2.M40           | 21:38:00    |

**10 km Damen**

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|--------------|-------------|----------------------|----------------|-----------|-----------------|-------------|
| 1            | 219         | Hennecke, Anke       | Deutsche Bank  | 1976      | 1.W30           | 44:18:00    |
| 2            | 229         | Westerfeld, Sabine   | ELBE-Sport     | 1966      | 1.W40           | 44:46:00    |
| 3            | 374         | Drückler, Franziska  | Polizei HH     | 1980      | 2.W30           | 45:40:00    |
| 4            | 308         | Wutzke, Beate        | OTTO           | 1965      | 1.W45           | 46:01:00    |
| 5            | 103         | Homann, Svenja       | Laufwerk       | 1977      | 3.W30           | 46:50:00    |
| 6            | 321         | Leifels, Gabi        | Raffay         | 1966      | 2.W40           | 47:12:00    |
| 7            | 7           | Parge, Sabine        | Dt.Telekom     | 1964      | 2.W45           | 47:53:00    |
| 8            | 212         | Eis, Marianne        | DESY           | 1964      | 3.W45           | 48:10:00    |
| 9            | 306         | Weigert, Elizabeth   | OTTO           | 1970      | 3.W40           | 48:23:00    |
| 10           | 397         | Henke,Katrin         | BACARDI        | 1992      | 1.F             | 48:42:00    |
| 11           | 573         | Heinsohn, Christin   | Berenbergbank  | 1968      | 4.W40           | 48:59:00    |
| 12           | 171         | Kleinemeyer, Dagmar  | HEK            | 1956      | 1.W50           | 49:16:00    |
| 13           | 434         | Beyer, Stephanie     | HSU HH         | 1979      | 4.W30           | 49:53:00    |
| 14           | 634         | Beu, Sylvie          | OTTO           | 1974      | 1.W35           | 50:06:00    |
| 15           | 388         | Kaussler, Claudia    | Hochbahn       | 1961      | 4.W45           | 51:18:00    |
| 16           | 349         | Glismann, Angela     | TÜV-Nord       | 1957      | 2.W50           | 52:08:00    |
| 17           | 669         | Harz, Christine      | FA Blankenese  | 1969      | 5.W40           | 52:46:00    |
| 18           | 639         | Eschenburg, Stefanie | Airbus SG      | 1963      | 5.W45           | 52:52:00    |
| 19           | 327         | Bühler-Becker, Heidi | G+J            | 1961      | 6.W45           | 52:59:00    |
| 20           | 328         | Semgart, Ulrike      | SG Stern       | 1972      | 2.W35           | 53:05:00    |
| 21           | 148         | Hagemann, Anna       | Rot-Gelb Shell | 1947      | 1.W60           | 53:52:00    |
| 22           | 93          | Weiß, Meike          | Bacardi        | 1980      | 5.W30           | 53:55:00    |
| 23           | 408         | Walsh, Shelley       | Desy           | 1953      | 1.W55           | 54:35:00    |
| 24           | 638         | Wolf, Uta            | TÜV-Nord       | 1978      | 6.W30           | 55:03:00    |
| 25           | 232         | Ewers, Dorit         | ERGO Sports    | 1961      | 7.W45           | 55:04:00    |
| 26           | 268         | Meißner, Ulrike      | HSU HH         | 1971      | 3.W35           | 55:55:00    |
| 27           | 341         | Kamlage, Frauke      | Signal Iduna   | 1956      | 3.W50           | 55:57:00    |
| 28           | 269         | Kumst, Anja          | HOFI           | 1969      | 6.W40           | 57:14:00    |
| 29           | 184         | Haß, Jasmin          | Airbus SG      | 1982      | 2.F             | 57:36:00    |
| 30           | 340         | Hahn, Miriam         | HSH-Nordbank   | 1950      | 2.W60           | 58:11:00    |
| 31           | 333         | Vogel, Petra         | SG Zoll        | 1968      | 7.W40           | 59:12:00    |
| 32           | 35          | Müller, Ursel        | Philips LG     | 1947      | 3.W60           | 60:12:00    |
| 33           | 223         | Finnern, Liane       | DG-HYP         | 1966      | 8.W40           | 61:55:00    |
| 34           | 295         | Gedanke, Heike       | NDR            | 1957      | 4.W50           | 66:12:00    |
| 35           | 26          | Biel, Sabine         | NDR            | 1961      | 8.W45           | 73:42:00    |

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|--------------|-------------|-------------------|------------|-----------|-----------------|-------------|
| 1            | 281         | Wichmann, Oliver  | Gaden      | 1981      | 1.M             | 36:01:00    |
| 2            | 683         | Finger, Clemens   | HSU HH     | 1988      | 2.M             | 36:04:00    |
| 3            | 433         | Wenck, Thomas     | HEK        | 1961      | 1.M45           | 36:05:00    |
| 4            | 564         | Winter, Christian | ERGOsports | 1981      | 3.M             | 36:16:00    |

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|--------------|-------------|--------------------|----------------|-----------|-----------------|-------------|
| 5            | 222         | Ahrens, Hans-Björn | Deutscher Ring | 1979      | 1.M30           | 36:24:00    |
| 6            | 364         | Walter, Uwe        | HW             | 1965      | 2.M45           | 36:31:00    |
| 7            | 83          | Jaekel, Carsten    | Desy           | 1970      | 1.M40           | 37:24:00    |
| 8            | 185         | Kunst, Karsten     | Airbus SG      | 1964      | 3.M45           | 37:40:00    |
| 9            | 309         | Lovon, Emmanuel    | Philips LG     | 1962      | 4.M45           | 37:43:00    |
| 10           | 90          | Krastev, Ulli      | Bacardi        | 1969      | 2.M40           | 37:57:00    |
| 11           | 224         | Scheffler, Marco   | Dresdner Bank  | 1974      | 1.M35           | 38:30:00    |
| 12           | 457         | Schenk, Lutz       | Polizei HH     | 1978      | 2.M30           | 38:44:00    |
| 13           | 423         | Dörheit, Christian | HPA            | 1979      | 3.M30           | 38:49:00    |
| 14           | 99          | Herrmann, Thomas   | HEK            | 1958      | 1.M50           | 39:01:00    |
| 15           | 62          | Adler, Jens-Uwe    | SG Zoll        | 1965      | 5.M45           | 39:03:00    |
| 16           | 348         | Ahlfeld, Carsten   | TÜV-Nord       | 1967      | 3.M40           | 39:05:00    |
| 17           | 668         | Klöver, Ingo       | ELBE-Sport     | 1965      | 6.M45           | 39:17:00    |
| 18           | 228         | Sauerberg, Achim   | ELBE-Sport     | 1980      | 4.M30           | 39:18:00    |
| 19           | 369         | Rebstock, Stefan   | Siemens        | 1969      | 4.M40           | 39:24:00    |
| 20           | 381         | Dobrick, Heiko     | Laufladen      | 1969      | 5.M40           | 39:27:00    |
| 21           | 383         | Jaacks, Ulrich     | Medeco         | 1962      | 7.M45           | 39:28:00    |
| 22           | 111         | Timm, Thomas       | Philips LG     | 1958      | 2.M50           | 39:40:00    |
| 23           | 1           | Jansen, Thies      | Airbus SG      | 1971      | 2.M35           | 39:48:00    |
| 24           | 648         | Kröning, Wolfgang  | Polizei HH     | 1964      | 8.M45           | 39:50:00    |
| 25           | 680         | Zampich, Oliver    | HEK            | 1971      | 3.M35           | 40:37:00    |
| 26           | 189         | Schewe, Stefan     | Airbus SG      | 1974      | 4.M35           | 40:40:00    |
| 27           | 33          | Haacker, Kai       | Philips LG     | 1963      | 9.M45           | 40:43:00    |
| 28           | 120         | Jeschke, Heinz     | Philips LG     | 1955      | 1.M55           | 40:53:00    |
| 29           | 318         | Hornung, Jürgen    | Raffay         | 1954      | 2.M55           | 41:02:00    |
| 30           | 259         | Kiehl, Thorsten    | HH-Hochschulen | 1984      | 4.M             | 41:07:00    |
| 31           | 96          | Gruber, Markus     | DAK            | 1970      | 6.M40           | 41:09:00    |
| 32           | 95          | Ansen, Hans-Jürgen | DAK            | 1950      | 1.M60           | 41:10:00    |
| 33           | 221         | Voß, Thomas        | Deutsche Bank  | 1967      | 7.M40           | 41:26:00    |
| 34           | 603         | Kusserow, Thomas   | Polizei HH     | 1963      | 10.M45          | 41:41:00    |
| 35           | 265         | Peters, Detlef     | Haspa          | 1963      | 11.M45          | 41:44:00    |
| 36           | 205         | Spardel, Holger    | BVI            | 1979      | 5.M30           | 41:57:00    |
| 37           | 660         | Martin, Dirk       | Polizei HH     | 1977      | 6.M30           | 41:59:00    |
| 38           | 583         | Ollik, Sven        | Still          | 1972      | 5.M35           | 42:19:00    |
| 39           | 682         | Hinsch, Lukas      | BeraCom        | 1978      | 7.M30           | 42:20:00    |
| 40           | 358         | Merta, Stefan      | Volksfürsorge  | 1966      | 8.M40           | 42:30:00    |
| 41           | 77          | Brandt, Andreas    | Gaden          | 1958      | 3.M50           | 43:20:00    |
| 42           | 356         | Metzner, Bernd     | Vattenfall     | 1965      | 12.M45          | 43:24:00    |
| 43           | 240         | Spijker, Rüdiger   | ERGOsports     | 1960      | 4.M50           | 43:30:00    |
| 44           | 233         | Hinckeldeyn, Jörg  | ERGOsports     | 1960      | 5.M50           | 43:38:00    |
| 45           | 236         | Lemke, Jörg        | ERGOsports     | 1965      | 13.M45          | 43:38:00    |
| 46           | 211         | Bell, Anthony      | DESY           | 1963      | 14.M45          | 43:40:00    |
| 47           | 336         | Vollmer, Stefan    | Still          | 1982      | 5.M             | 43:42:00    |
| 48           | 158         | Kozieras, Norbert  | ERGOsports     | 1950      | 2.M60           | 43:44:00    |

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|--------------|-------------|----------------------------|-----------------|-----------|-----------------|-------------|
| 49           | 685         | Schäfer, Daniel            | HapagLloyd      | 1978      | 8.M30           | 43:55:00    |
| 50           | 371         | Teichler, Carsten          | Gaden           | 1966      | 9.M40           | 44:44:00    |
| 51           | 188         | Ritzmann, Frank            | Airbus SG       | 1984      | 6.M             | 44:50:00    |
| 52           | 350         | Halweg,Wolfgang            | TÜV-Nord        | 1948      | 3.M60           | 44:51:00    |
| 53           | 100         | Lemkau, Niels              | HEK             | 1965      | 15.M45          | 44:54:00    |
| 54           | 105         | Skwirblies, Martin         | Laufwerk        | 1965      | 16.M45          | 45:01:00    |
| 55           | 218         | Ehrenberg, Frank           | Deutsche Bank   | 1959      | 6.M50           | 45:02:00    |
| 56           | 149         | Wagener, Horst             | Nestle          | 1961      | 17.M45          | 45:05:00    |
| 57           | 191         | Gehle, Friedhelm           | BA Eimsbüttel   | 1956      | 7.M50           | 45:15:00    |
| 58           | 91          | Schreiner, Benedikt        | Bacardi         | 1979      | 9.M30           | 45:18:00    |
| 59           | 260         | Knaack, Tobias             | HH-Hochschulen  | 1975      | 6.M35           | 45:22:00    |
| 60           | 384         | Sietz, Andreas             | Siemens         | 1968      | 10.M40          | 45:23:00    |
| 61           | 300         | Kliem, Rüdiger             | OTTO            | 1961      | 18.M45          | 45:24:00    |
| 62           | 31          | Thimm, Erich               | NDR             | 1951      | 3.M55           | 45:58:00    |
| 63           | 257         | Tilch, Peter               | HPA             | 1955      | 4.M55           | 46:12:00    |
| 64           | 292         | Schulze, Bernhard          | Lufthansa SV    | 1955      | 5.M55           | 46:24:00    |
| 65           | 118         | Schumacher, Peter          | TÜV-Nord        | 1952      | 6.M55           | 46:30:00    |
| 66           | 282         | Wittke, Mitja              | Gaden           | 1981      | 7.M             | 46:40:00    |
| 67           | 39          | Stäcker, Frank             | Philips LG      | 1964      | 19.M45          | 46:45:00    |
| 68           | 8           | Rowedder, Frank            | Deutsche Bank   | 1966      | 11.M40          | 47:03:00    |
| 69           | 367         | Möller, Henry              | Siemens         | 1951      | 7.M55           | 47:06:00    |
| 70           | 674         | Asmonds, Wulf              | Philips LG      | 1944      | 1.M65           | 47:07:00    |
| 71           | 210         | Stieper, Klaus             | HapagLloyd      | 1960      | 8.M50           | 47:09:00    |
| 72           | 389         | Gebert, Claus              | Innovas         | 1975      | 7.M35           | 47:16:00    |
| 73           | 347         | Liedtke, Matthias          | TK              | 1973      | 8.M35           | 47:19:00    |
| 74           | 670         | Hauck, Michael             | FA Blankenese   | 1975      | 9.M35           | 47:21:00    |
| 75           | 101         | Plümer, Ralf               | HEK             | 1971      | 10.M35          | 47:35:00    |
| 76           | 673         | Zlatic, Zlatko             | Lufthansa SV    | 1967      | 12.M40          | 47:42:00    |
| 77           | 344         | Scharf, Dietmar            | Signal Iduna    | 1968      | 13.M40          | 48:15:00    |
| 78           | 280         | Schulz, Hans-Joachim       | Gaden           | 1946      | 4.M60           | 48:24:00    |
| 79           | 89          | Henke, Peter               | BACARDI         | 1963      | 20.M45          | 48:43:00    |
| 80           | 331         | Rubiales Jimenez, Luis     | SG Zoll         | 1938      | 1.M70           | 48:55:00    |
| 81           | 611         | Lang, Hans-Georg           | Claudius Peters | 1951      | 8.M55           | 48:57:00    |
| 82           | 632         | Krause, Philipp            | Innovas         | 1973      | 11.M35          | 49:25:00    |
| 83           | 451         | Schmitz, Matthias          | Lufthansa SV    | 1962      | 21.M45          | 49:42:00    |
| 84           | 271         | Diezel, Günther            | HSH-Nordbank    | 1954      | 9.M55           | 50:04:00    |
| 85           | 288         | Holzcamp-Heise, Karl-Heinz | Lufthansa SV    | 1952      | 10.M55          | 50:10:00    |
| 86           | 187         | Poggensee, Frank           | Airbus SG       | 1968      | 14.M40          | 50:17:00    |
| 87           | 650         | Tuszynski, Uwe             | Lufthansa SV    | 1961      | 22.M45          | 50:36:00    |
| 88           | 605         | Götz, Jürgen               | HEK             | 1950      | 5.M60           | 50:37:00    |
| 89           | 643         | Hermann, Christoph         | HEK             | 1990      | 8.M             | 50:46:00    |
| 90           | 206         | Dunckel, Dieter            | BP-Oil          | 1956      | 9.M50           | 51:05:00    |
| 91           | 667         | Gläser, Heinz              | ELBE-Sport      | 1945      | 2.M65           | 51:19:00    |

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|--------------|-------------|------------------------|----------------|-----------|-----------------|-------------|
| 92           | 289         | Hormann, Hans Heinrich | Lufthansa SV   | 1959      | 10.M50          | 52:02:00    |
| 93           | 147         | Matthies, Hans-Joachim | Raffay         | 1930      | 1.M80           | 52:30:00    |
| 94           | 678         | Rönnebeck, Jens        | Philips LG     | 1960      | 11.M50          | 53:21:00    |
| 95           | 162         | Gaebert, Hans-Joachim  | Philips LG     | 1947      | 6.M60           | 53:26:00    |
| 96           | 666         | Schnabel, Harald       | HapagLloyd     | 1953      | 11.M55          | 53:53:00    |
| 97           | 258         | Dwenger, Werner        | HH-Hochschulen | 1953      | 12.M55          | 54:00:00    |
| 98           | 264         | Knoefel, Gerhard       | Haspa          | 1959      | 12.M50          | 54:08:00    |
| 99           | 346         | Leichtweiß, Heino      | TK             | 1944      | 3.M65           | 54:25:00    |
| 100          | 263         | Kluth, Peter           | Haspa          | 1944      | 4.M65           | 54:37:00    |
| 101          | 681         | Mertens, Ralf          | SAGA           | 1957      | 13.M50          | 54:42:00    |
| 102          | 365         | Hinsen, Dr. Guido      | ERGOsports     | 1959      | 14.M50          | 54:44:00    |
| 103          | 339         | Kaminke, Andres        | Kravag         | 1956      | 15.M50          | 55:04:00    |
| 104          | 351         | Kohl, Andreas          | TÜV-Nord       | 1961      | 23.M45          | 55:18:00    |
| 105          | 587         | Ahrens,Claus-Werner    | Deutscher Ring | 1944      | 5.M65           | 55:26:00    |
| 106          | 291         | Rutzen, Hartmut        | Lufthansa SV   | 1941      | 6.M65           | 55:59:00    |
| 107          | 393         | Harms, Michael         | Hochbahn       | 1955      | 13.M55          | 56:04:00    |
| 108          | 684         | Gedanke, Frank-York    | NDR            | 1960      | 16.M50          | 56:19:00    |
| 109          | 320         | Ihde, Bernd            | Raffay         | 1946      | 7.M60           | 56:30:00    |
| 110          | 246         | Sommer, Heinz          | FA Blankenese  | 1939      | 2.M70           | 56:34:00    |
| 111          | 316         | Adolf, Hans-Willy      | Raffay         | 1936      | 3.M70           | 56:35:00    |
| 112          | 298         | Hehl, Jörn             | OTTO           | 1962      | 24.M45          | 58:57:00    |
| 113          | 207         | Knigge, Hubert         | BP-Oil         | 1951      | 14.M55          | 60:14:00    |
| 114          | 572         | Heinsohn, Bernd        | Berenbergbank  | 1966      | 15.M40          | 60:50:00    |
| 115          | 342         | Kamlage, Jens          | Signal Iduna   | 1943      | 7.M65           | 60:56:00    |
| 116          | 368         | Leisner, Siegfried     | BA Eimsbüttel  | 1944      | 8.M65           | 61:42:00    |
| 117          | 262         | Becker,Wolfgang        | Haspa          | 1951      | 15.M55          | 62:09:00    |
| 118          | 435         | Drywa, Thomas          | HSH-Nordbank   | 1955      | 16.M55          | 66:54:00    |