

| Platz | Name | Jg. | BSG | Einzel - | Gesamt-Zeit |
|--------------|---------------------------|------------|----------------|-----------------|--------------------|
| 1 | Gehse, Frank | 67 | BSG Siemens 1 | 2:37:51 | 8:19:33 |
| | Härle, Ralf | 63 | | 2:42:23 | |
| | Peschel-Sielmann, Manfred | 60 | | 2:59:19 | |
| 2 | Tribius, Dr. Thomas | 64 | BSG OTTO 1 | 2:48:51 | 8:42:23 |
| | Wittmar, Johannes | 81 | | 2:54:13 | |
| | Spliethoff, Hans Georg | 66 | | 2:59:19 | |
| 3 | Hiekmann, Thorben | 79 | Philips LG 1 | 2:51:57 | 8:48:49 |
| | Rittmeister, Lutz | 59 | | 2:58:20 | |
| | Timm, Thomas | 58 | | 2:58:32 | |
| 4 | Riley, Jonathan | 67 | AIRBUS SG 1 | 2:49:33 | 9:21:15 |
| | Kunst, Karsten | 64 | | 3:14:42 | |
| | Jansen, Thies | 71 | | 3:17:00 | |
| 5 | Weinrich, Konrad | 59 | Philips LG 2 | 3:08:07 | 9:48:10 |
| | Cakirgöz, Tan | 80 | | 3:19:17 | |
| | Bozyakali, Dr. Can | 74 | | 3:20:46 | |
| 6 | Leonbacher, Uwe | 71 | BSG NDR | 3:13:04 | 9:50:02 |
| | Breitschuh, Albrecht | 65 | | 3:15:27 | |
| | Schönrock, Günter | 57 | | 3:21:31 | |
| 7 | Becker, Jens Gerrit | 62 | BSG OTTO 2 | 3:10:37 | 9:50:14 |
| | Broscheit, Jörn | 66 | | 3:16:27 | |
| | Patzer, Ralf | 67 | | 3:23:10 | |
| 8 | Wichmann, Oliver | 81 | BSG Kurt Gaden | 2:48:52 | 9:50:23 |
| | Schottenhaml, Andreas | 75 | | 3:29:55 | |
| | Brandt, Andreas | 58 | | 3:31:36 | |
| 9 | Meyer-Reim, Dr. Utz | 61 | BSG DG HYP | 3:04:43 | 9:55:30 |
| | Kristowiak, Boris | 75 | | 3:19:04 | |
| | Meyer-Sach, Jan | 66 | | 3:31:43 | |
| 10 | Fennert, Michael | 62 | HSH Nordbank 1 | 3:18:27 | 10:04:05 |
| | Laake, Christian | 70 | | 3:20:58 | |
| | Miller, Thomas | 69 | | 3:24:40 | |
| 11 | Drexhage, Rolf | 61 | Lufthansa SV | 3:06:11 | 10:06:39 |
| | Meinicke, Knuth | 63 | | 3:12:23 | |
| | Willsch, Pascal | 78 | | 3:48:05 | |
| 12 | Uhlrich, Christian | 72 | AIRBUS SG 2 | 3:19:23 | 10:07:54 |
| | Weiss, Oliver | 71 | | 3:23:04 | |
| | Struck, Jean | 65 | | 3:25:27 | |
| 13 | Kalus, Andreas | 62 | SG Stern | 3:06:26 | 10:09:49 |
| | Lambracht, Gerald | 70 | | 3:26:06 | |
| | Milewski, Marek | 67 | | 3:37:17 | |
| 14 | Fedder, Ingo | 60 | Rot-Gelb Shell | 2:58:37 | 10:10:26 |
| | Vollmer, Ralf | 62 | | 3:35:39 | |
| | Karlstetter, Richard | 61 | | 3:36:10 | |
| 15 | Banck, Sönke | 67 | BSG ERGOsports | 2:55:17 | 10:11:34 |
| | Spijker, Rüdiger | 60 | | 3:27:41 | |
| | Goldschmidt, Sven | 75 | | 3:48:36 | |
| 16 | Danger, Frank | 64 | BSG Edeka | 2:58:07 | 10:12:48 |
| | Düngefeld, Björn | 72 | | 3:33:55 | |
| | Friz, Stefan | 66 | | 3:40:46 | |

| | | | | | |
|----|--------------------|----|----------------|---------|-----------------|
| 17 | Hauschildt, Maik | 74 | BSG Laufwerk | 3:12:45 | 10:13:43 |
| | Boie, Ralf | 69 | | 3:20:09 | |
| | Skwirblies, Martin | 65 | | 3:40:49 | |
| 18 | Peters, Detlef | 62 | HSH Nordbank 2 | 3:25:27 | 10:18:31 |
| | Klein, Friedrich | 59 | | 3:26:31 | |
| | Haberkost, Jens | 64 | | 3:26:33 | |
| 19 | Olsson, Jens | 63 | SG Haspa | 3:15:21 | 10:18:33 |
| | Peters, Detlef | 63 | | 3:25:27 | |
| | Wilde, Klaus | 58 | | 3:37:45 | |
| 20 | Damm, Wolfgang | 46 | BSG Siemens 2 | 3:22:48 | 10:21:07 |
| | Berka, Thomas | 62 | | 3:28:50 | |
| | Sie Too, Petrus | 58 | | 3:29:29 | |